

# Communication Guide... for your next CLINICAL VISIT



I would like to discuss \_\_\_\_\_  
(#1 health concern)

1. List your 3 main symptoms of your #1 health concern?
  - Symptom 1 \_\_\_\_\_
  - Symptom 2 \_\_\_\_\_
  - Symptom 3 \_\_\_\_\_
  
2. My current treatment(s) are... (Circle One)
  1. working
  2. need improvement. Why? \_\_\_\_\_
  3. completely unsatisfactory. Why? \_\_\_\_\_
  4. I don't have a treatment or can't access treatment.
  
3. What is our treatment goal(s)?  
\_\_\_\_\_
  
4. Shared Decision-Making Speaking Points
  1. I appreciate us working together to form a healthcare plan.
  2. I am ready to adhere to the plan.
  3. I will do my part by...
    1. exercising and eating healthy
    2. documenting progress and concerns
    3. Other: \_\_\_\_\_
  
5. When do you want to schedule a follow-up visit?
  - \_\_\_ / \_\_\_ / \_\_\_\_\_



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