Communication Guide... for your next CLINICAL VISIT

Learn ➔ Document ➔ Communicate ➔ Plan ➔ Adhere

I would like to discuss ____________________________________________________________
(#1 health concern)

1. List your 3 main symptoms of your #1 health concern?
   - Symptom 1 ______________________________________________________________
   - Symptom 2 ______________________________________________________________
   - Symptom 3 ______________________________________________________________

2. My current treatment(s) are... (Circle One)
   1. working
   2. need improvement. Why? ______________________________________________
   3. completely unsatisfactory. Why? __________________________________________
   4. I don’t have a treatment or can’t access treatment.

3. What is our treatment goal(s)?
   __________________________________

4. Shared Decision-Making Speaking Points
   1. I appreciate us working together to form a healthcare plan.
   2. I am ready to adhere to the plan.
   3. I will do my part by...
      1. exercising and eating healthy
      2. documenting progress and concerns
      3. Other: ________________________________

5. When do you want to schedule a follow-up visit?
   • ___/___/_______

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