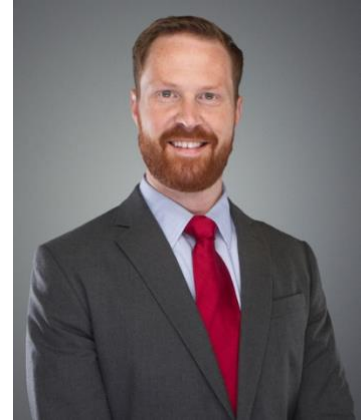


Jeffrey Foster, DO, MA

3815 W 51st Street
Roeland Park, KS 66205
Jmfoster82@gmail.com
(c) 319-431-8117

OBJECTIVES AND HIGHLIGHTS

- My clinical focus is to provide efficient and effective interventional pain medicine for patients in need. I utilize my cutting-edge training, advanced interventional modalities, and strong interpersonal skills to create tailored therapies for individual patients.
- I am well-equipped to perform traditional interventions, yet I specialize in advanced procedures. These procedures include spinal cord stimulator implantations, dorsal root ganglion stimulation, peripheral nerve stimulation, intrathecal pump implantations, sacroiliac joint fusion, percutaneous image-guided lumbar decompression, interspinous spacer implantation, kyphoplasty, and spinal tumor ablation.
- My vision is to be involved in physician education, engaged in ongoing research, advocating to preserve and expand the space, and leading the field of interventional pain and spine medicine.



PROFESSIONAL WORK HISTORY

Anesthesiology and Interventional Pain Medicine

Director of Pain Medicine

Ascentist Healthcare, Leawood, KS

March 1, 2023 – Current

Anesthesiology and Interventional Pain Medicine

Saint Luke's Hospital of Kansas City, Kansas City, MO

July 29, 2019 – February 28, 2023

Assistant Professor of Anesthesiology

University of Missouri – Kansas City, Kansas City, MO

July 29, 2019 – February 28, 2023

EDUCATION AND PROFESSIONAL TRAINING

Fellow, Pain Medicine

University of Kansas Medical Center, Kansas City, KS

July 2018-June 2019

Chief Resident, Anesthesiology

University of Oklahoma Health Sciences Center, Oklahoma City, OK

July 2017-June 2018

Resident, Anesthesiology

University of Oklahoma Health Sciences Center, Oklahoma City, OK

July 2014-June 2018

Doctor of Osteopathic Medicine

Kansas City University, Kansas City, MO

May 17, 2014

Master of Arts, Bioethics

Kansas City University, Kansas City, MO

July 27, 2010

Bachelor of Science in Exercise Science

University of Kansas, Lawrence, KS

December 31, 2007

BOARD CERTIFICATION AND LICENSURE

American Board of Anesthesiology – Board Certification in Subspecialty of Pain Medicine

September 2019

American Board of Anesthesiology – Board Certification in Anesthesiology

April 2019

Medical Licensure in State of Kansas, Active

Medical Licensure in State of Missouri, Active

HONORS AND AWARDS

University of Oklahoma Health Sciences Center

- 2nd Prize – Scientific and Educational Exhibit at the Annual American Society of Anesthesiologists Conference; 2016 October 22-26; Chicago, IL
- Gold Humanism Honor Society – Class of 2016

Kansas City University

- Member of Sigma Sigma Phi – National Osteopathic Medicine Honor Society
- Recipient of the Dr. Robert H. and Jimmie G. Nobles Scholarship – 2012 & 2013
- Class Honors – 2010-2011

PUBLICATIONS

Lynch PJ, Tubic G, Foster JM, Puri S, Burnette CA, Block JE. Minimally Invasive Inferior Intra-Articular Sacroiliac Joint Fusion: Successful Application of Osseous Stabilization Using Allograft Bone. *Orthop Res Rev.* 2022 Nov 16;14:429-435. Doi:10.2147/ORR.S387104. PMID: 36420375; PMCID: PMC 9677508.

Sayed D, Foster JM, Nairizi A, Sills S, Miller A. 10 kHz High-Frequency Spinal Cord Stimulation for Chronic Thoracic Pain: A Multicenter Case Series and a Guide for Optimal Anatomic Lead Placement. *Pain Physician.* 2020;23(4):E369-E376. PMID: 32709183.

BOOK CHAPTERS

Nicol AL, Foster JM, Sowder TM. Fibromyalgia. In: Kellerman RD, Rakel D, eds. *Conn's Current Therapy 2020.* Elsevier Publishing; 2020.

Braun EB, Sack A, Foster JM, Sowder TM, Khan TW. A 55 Year-Old Male With Pain After Above Knee Amputation. In: Maliq T, ed. *Practical Chronic Pain Management: A Case-Based Approach.* Springer, 2020. p 221-232.

POSTER PRESENTATIONS

Foster J, Miesner L, Shah A. Percutaneous SCS Lead Placement in the setting of Spinal Ligamentous Ossification: A Multidisciplinary Approach. Medically challenging case presentation at the 19th Annual Pain Medicine Meeting for American Society of Regional Anesthesia and Pain Medicine; 2020 November 19-21; Las Vegas, NV.

Sayed D, Foster JM, Nairizi A, Sills S, Miller A. 10 kHz High-Frequency Spinal Cord Stimulation for Chronic Thoracic Pain: A Multicenter Case Series. Poster session at the 14th World Congress of the International Neuromodulation Society; 2019 May 25-30; Sydney, Australia.

Ozcan M, Bautista A, Tinker T, Overbey N, Foster JM, St. Laurent C, Ozcan M. The Effect of Liposomal Bupivacaine on PACU Analgesic Requirements and Pain Scores After Ambulatory Breast Surgery. Poster session presented at Annual American Society of Anesthesiologists Conference; 2017 October 20-25; Boston, MA.

Mansour B, Foster JM, Webb C. The Long Lasting Effect of a Trigger Point Injection with Normal Saline. Poster session presented at the 70th Annual Post Graduate Assembly in Anesthesiology; 2016 December 9-13; New York, NY.

Smith, J. Kosik, E, Foster JM, Aounallah N, Fierro-Fine G. Awake Craniotomy: A Patient's Perspective. Scientific and Educational Exhibit which took 2nd Prize at the Annual American Society of Anesthesiologists Conference; 2016 October 22-26; Chicago, IL.

ACADEMIC ENGAGEMENT

- July 2019 – Present: UMKC Anesthesiology - Ongoing appointment as Assistant Professor for medical students and anesthesiology residents
- 2019-Current: International Neuromodulation Society Mentorship Program Participant
- 3/3/22: Nevro Spinal Cord Stimulator Education Series for Pain Fellows - Presenter
- 1/18/22: Omnia SI Joint Fusion Webinar for Interventional Pain Physicians - Presenter

- 11/14/21: Omnia SI Joint Fusion Training for Interventional Pain Physicians - Didactic and Cadaver Lab Training Leader
- 10/23/21: Nalu Peripheral Nerve Stimulator Training for Interventional Pain Physicians - Didactic and Cadaver Lab Training Leader
- 10/21/21: International Neuromodulation Society Journal Club - Presenter
- 1/26/21: Nevro Spinal Cord Stimulator Education Series for Pain Fellows - Presenter
- 2/6/23: Omnia SI Joint Fusion Training for Interventional Pain Physicians - Didactic and Cadaver Lab Training Leader

PROFESSIONAL MEMBERSHIPS

- American Society of Anesthesiologists
- American Society of Interventional Pain Physicians
- American Society of Pain and Neuroscience
- American Society of Regional Anesthesia and Pain Medicine
- International Neuromodulation Society
- North American Neuromodulation Society
- Gold Humanism Honor Society
- Sigma Sigma Phi - National Osteopathic Medicine Honor Society

COCURRICULAR ACTIVITIES

Saint Luke's Hospital of Kansas City

- Service Excellence Committee – 2021-Current
- Contrast Executive Committee
- Contrast Media Allocation Standards Committee

University of Oklahoma Health Sciences Center

- Chief Resident - 2017-2018
- Oklahoma Resident Delegate to the ASA
- Quality Improvement Committee Member
- Adult Division OR Committee Member
- Resident Advisory Group Committee Member
- Participant in Intramural Flag Football and Basketball

PERSONAL INTERESTS AND HIGHLIGHTS

Interests

- Competitive athlete through weightlifting, running, cycling, indoor and outdoor sports.
- Self-taught guitar player.
- Adventurous hiker, traveler, and open water scuba diver.

University of Kansas Football – Division I, Big XII

2004 – 2007

- 2008 Orange Bowl Champion
- 2005 Fort Worth Bowl Champion
- 3-Time Letter-winner.
- Earned full scholarship as a walk-on.